

ORAL HYGIENE DAY-2015

Department Of Dentistry
HIMSR & HAHC HOSPITAL



Oral Hygiene Day Celebration: Dental Camp Report

Date: 31st July, 1st August 2015

Venue: Delhi Cheshire Home, Okhla

Dr. G.B. Shankwalkar the doyen of Indian Periodontics, was born on the 1st of August and to commemorate his birth anniversary Oral Hygiene day is celebrated this day every year to bring awareness about the prevention of dental/oral diseases.

The department of dentistry was no exception to this. Every year department of dentistry has been proactive in organizing dental camps not only in the rural and peripheral centres of HIMSR & HAH Centenary Hospital, but also in the adjoining settlements, schools and various old age homes.

Oral hygiene day was also celebrated in the year 2013 in the Urban Health Training Centre at Prahaladpur and last year 2014 it was celebrated at the Rural Health Training Centre at Madanpur Khader. The dental department offered free dental checkup, consultation and distribution of Colgate toothpastes. Patients of both genders and all ages availed the services of the camp. Medication such as antibiotics and analgesics were also distributed to the needy.

This year the Oral Hygiene day was celebrated at the Delhi Cheshire Home which offers shelter to the physically and mentally handicaps. Since lack of awareness and manual dexterity predisposes the physically /mentally challenged to various dental problems.

A two day camp was organized at the Delhi Cheshire Home .

Dr. Nilima Sharma, Assistant Professor Dentistry, the Organizing Secretary of this event.

On the 31st of July 2015 free dental check up was conducted for the inmates of Delhi Cheshire Home. A total of 150 patients were examined.

On the 1ST of August the day started with Health Talk by Dr. Nilima Sharma Assistant Professor Dentistry and by Dr. Rambha Pathak, Professor Community Medicine. It was followed by a muppet show depicting the importance of good oral hygiene, tips on maintenance and common dental ailments.

Free distribution of toothpastes was done for the inmates of Delhi Cheshire Home.

Dr. Nilima Sharma conducting Dental Check-up & Consultation



Professor Rambha Pathak conducted health talk emphasizing the importance of oral health on systemic health. Also the common causes of oral cancer and the oral manifestations of precancerous condition was highlighted to the patients.

HEALTH TALK was delivered by Dr. Nilima Sharma on the importance of maintaining good oral hygiene, symptoms of dental cavities, gingival and periodontal diseases and the treatment of the same.

Dr. Nilima Sharma conducting the Health Talk





MUPPET SHOW was organized and it depicted the myths prevailing among the minds of the masses regarding dental treatment, addressing the importance of oral hygiene and the timely visit to the dentist for dental maladies.





DISTRIBUTION OF TOOTHPASTES



At the end of it, it was a meaningful experience to impart knowledge and awareness on oral hygiene in simple playful manner to the mentally and physically challenged brethren. We achieved our goal of reaching out to them, citing to them the importance of good oral health, an aspect is so often neglected by this strata of the society.

